

## 5 Element Chinese Astrology - A Great Working Tool for Instructors

Notes to go with the workshop, key words in bold.

### The What:

Chinese Astrology we are going to call it **Taoist Astrology** (it is the same thing) aka as 4 Pillars.. **Year, Month , Day, Time** or **Ba Zi** Eight characters... as there is a heavenly line for the 4 pillars and an earthly line, the **heavenly stems** and the **earthly Branches**

It is based on the solar calendar, local hour (the place to give exact solar hour, daylight saving time must be adjusted)

It is expressed in the **Five Elements**, aka as the Ten Gods as there is a yin and yang for each element. = **Ten Gods**

Most Important is your **DAY MASTER**.....although the **year animal** is also important and most widely used in the popular press (but its importance is generally misrepresented)

Day Master is one of the ten gods.... i.e. yang metal, yin wood etc.

The other nine 'gods' have essential meanings to you: We call what the five elements represent for us... the 5 phases....

**Self** - you, your friends and even rivals

**expression** - your output, production, work, art and children

**wealth** - wife for a man, material and intellectual achievements, money, property, wealth is 'what you control'

**power** - your structure, your control, husband for a woman, the 'policemen' in your life

**resource** – that which feeds you, your talents, what is behind you, helping you

each of these **phases** has a **yin** and a **yang** version

### The Why:

The Five Elements are a particular balance for each individual, Thru' our astrological chart we can see the original birth chart, that is the quality and quantity of the 5 elements.

We can even see that expressed in %age terms, in order to better understand the quantities.

Other elements come in during luck periods, of ten years, annual and even daily, so it is dynamic, constantly changing  
 The usual rules of organs and emotions, governed by the five elements apply.

Imbalances show up in health and emotional problems.

and with this astrological information, you can :

- define health and emotional problems etc.....
- work on the '5 phases', i.e. support your wealth or resource element, specific areas of your life
- help yourselves or your students to get the most out the practices.
- look at compatibilities with your chosen (or unchosen) career and your element balance
- examine your wealth element
- examine compatibilities with partners and other people in your life

**The How:**

-Using the Healing Sounds, and the Inner Smile meditations and other Taoist techniques to bring balance to your Five Element make-up. They are most appropriate when practiced with this knowledge.

-Learning to read your chart can also help you to understand events and relationships in your life; prepare you for what is coming.

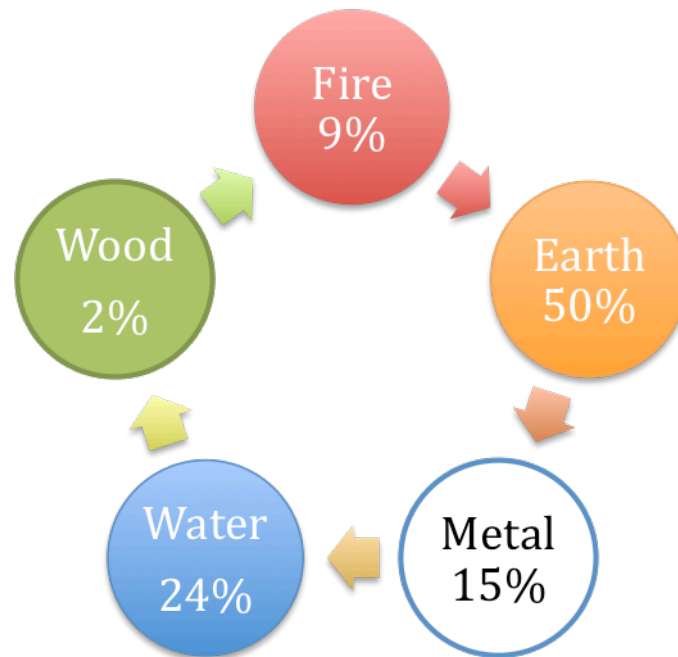
An example:

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Natasha, female, born on 20<sup>th</sup> January 1968, at 15:10

|        | Hour  | Day                                       | Month                                     | Year                                       |
|--------|---|---|---|--|
| Stem   | Yang<br>Water   | <b>Yin Earth</b>                          | Yin Water                                 | Yin Fire                                   |
| Branch | Monkey<br>Yang<br>Metal<br>Yang<br>Earth<br>Yang<br>Water | Ox<br>Yin Earth<br>Yin Water<br>Yin Metal | Ox<br>Yin Earth<br>Yin Water<br>Yin Metal | Sheep<br>Yin Earth<br>Yin Fire<br>Yin Wood |

%ages of the elements.



Looking at this chart, we start by finding the **day master**, it is in the top line of the **day pillar**, in this case it is yin earth  
I suggest you note down your own chart, if you have not been able to do this... email me at [Christine@ridethewind.org](mailto:Christine@ridethewind.org)

For many years Master Chia has attempted to share his knowledge of the subject by having a **free program**, which works out your Taoist astrological chart, on his website. There is information on **5 Element Nutrition** and the meaning of the elements in that section. Having done your chart you can apply this information more effectively. Master Chia also does individual readings during his world tours.

He will be shortly bringing out the book, **Taoist Astrology and Inner Alchemy Feng Shui** co-authored by Christine Harkness-Giles.

The book explains how to use the astrological chart from Master Chia's free program, together with more advanced interpretation techniques for use with the complete chart, which is also available from his website but for a small fee.

Feng Shui is a very large topic and very topical today. Work (+ books, advice, classes etc) on **external Feng Shui** is more and more commonplace. It increases or improves the potential energy of a house, workplace or commerce. It is based around the **Pa kua**. **Inner Alchemy Feng Shui** uses this pa kua inside of us. Inner alchemy is changing our own core of elements, inner alchemy feng shui work can involve placing things around us in our home or work place in order to do this. The chi of colours, shapes and objects will affect the elements within us, especially if the directions of the pa kua are involved. The book also explains some elementary ways to do this which you can apply having looked at your astrological chart.